

隱仙派太極母拳
Hidden Immortal Lineage

Taiji Mother Form

18-19 October 2014

Taiji was developed several thousands of years ago as a martial arts practice and science of healing, health maintenance and spiritual cultivation. Passed directly from China's Hidden Immortal Lineage, the eight movements of the Taiji Mother Form correspond to the eight trigrams of the *Yijing (I Ching)*. The slow, deliberate movements of the Taiji Mother Form provide a method of bringing practitioners into greater physical, mental, and spiritual awareness.

When: 18-19 October 2014 10am-6pm

Where: Cheerful Dragon
Dimosthenous 99 Kallithea 17672
Athens, Greece

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Master Zhongxian Wu, a lifelong Daoist practitioner, is the recognized lineage master of multiple schools of Qigong, Taiji and internal martial arts. He synthesizes wisdom and experience for beginning and advanced practitioners, as well as for patients seeking healing, in his unique and professionally designed courses and training programs. He is the author of 12 books on ancient Chinese wisdom traditions.



www.masterwu.net