

Fire Dragon Meridian Qigong

12-14 September 2014

The dragon is an ancient symbol of great transformation and rebirth.

Fire Dragon Meridian Qigong is a traditional Qigong form from China's esoteric *EMei ZhenGong* 峨嵋真功 tradition. In this class we will work with the acupuncture meridians to promote the flow Qi (vital energy) throughout the body. In Chinese medicine, free flowing Qi is the foundation for health and well-being.

When: 12-14 September 2014

Where: Phendeling Center for Tibetan Buddhism
Nørregade 7 B 1165 Copenhagen, Denmark

Cost: 2600 DKK for full course
380DKK for Friday night only (12 Sept 16:30-20:00)

Register: email info@masterwu.net for payment details

Contact: lars.schmith@gmail.com

Master Zhongxian Wu, a lifelong Daoist practitioner, is the lineage holder of several forms of Qigong, Taiji and martial arts. He synthesizes wisdom and experience for beginning and advanced practitioners, as well as for patients seeking healing, in his unique and professionally designed courses and training programs. Master Wu has authored 12 books (5 in Chinese) on ancient Chinese wisdom traditions. He and his wife, Dr. Karin Taylor Wu, live in Stockholm, Sweden.



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