

# Master Wu's Lifelong Training Program

Session 4

22<sup>nd</sup>-28<sup>th</sup> September 2014

With annual opportunities to meet with a growing qigong family, this program is an invitation to promote balance, peace, and harmony in your life. Together, we create communities of teachers and practitioners dedicated to the study of classical Chinese wisdom traditions, who encourage and support each other on this path towards optimal health and enlightenment.

*In Session 4, students will learn:*

- Traditional Chinese spiritual cultivation & healing
- *LaoHuGong* 老虎功 - Venerable Tiger Qigong
- *NeiGong* 內功 – Internal Alchemy Meditation IV
- *ShuFu* 書符 - Chinese calligraphy and talismans II
- *Yijing* 易經 IV – 64 Hexagrams Divination (Intermediate)

**Prerequisite:** Completion of Sessions I, II & III

**Tuition:** \$1500 (includes lodging and meals)

**Location:** Northern Dipper Temple  
328 Stony Kill Rd, Accord NY 12404

**Register:** [www.masterwu.net](http://www.masterwu.net)

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