



## China Trip with Master Wu



### A Cultivation Journey into Chinese Wisdom Traditions

“The goal of my China Trip is to:


- Share Chinese Wisdom Traditions in their mother country;
- Practice Qigong, Taiji, and other internal martial arts on their sacred and native soil to connect to their ancestral Qi;
- Experience the spirit of China and view its spectacular scenery;
- Taste China’s ancient and modern cultures;
- Feast on Chinese local cuisines and home-style dishes.”

~ Master Zhongxian Wu

The April 8-29, 2008 Hidden Immortals’ Internal Alchemy Trip is for those who are seeking a spiritual adventure for personal transformation. The 2008 trip will visit the Mount Zhongnan area, where the internal alchemy school originated.

### ☯ 2008 China Trip Highlights:


- Learn and practice Internal Alchemy Qigong (including sitting and sleeping meditation, Wudang Immortal Style Sword Form, and Qi – Needling healing skills)
- Visit and stay in Louguantai where Laozi wrote his Daojing
- Visit Dr. Yang Monument on the Daoist sacred mountain of Huashan, where the symbol of Taiji emerged. Dr. Yang is my Wudang Taiji Form, Immortal Style Sword Form, Heaven–Earth Staff Form, and Chinese medicine teacher.
- Visit Dragon Gate Cave, where the Dragon Gate School originated
- Visit temple headquarters of the Daoist Complete Reality School in Beijing – the modern capitol of China
- Visit an old City God Temple in Xian – the ancient capitol of China for over 3,000 years

 Trip fee: \$4,500

What's included: Trip fee includes roundtrip airfare from Portland, Oregon or San Francisco to China; transportation within China; all lodging (double or multiple-occupancy accommodations, single room where available \$450 extra); study tuition; excursions and sight seeing; most meals, including banquets; admission charges to temples and tourist sites.

What's not included: Does not include China Visa, travel insurance (recommended), taxi or rickshaw fees for extra excursions during free time, some lunches; gratuities to guides, drivers, and porters; excess baggage charges on airplane; laundry; or personal purchases.

Cancellation and refunds: If the tour participant cancels the registration, cancellation fees will be adjusted according to the following schedule: refund will be given 90 or more days before departure, less \$200; 89-75 days, less 25%; 74-35 days, less 50%, no refunds within 34 days of departure. We recommend that trip participants purchase travel insurance such as TravelEx, which covers trip cancellation fees.

 2008 China Trip Registration:

Please make an \$800 deposit check or money order out to Chinese Wisdom Traditions. Fill in the form below and send it along with your deposit to P.O. Box 42366, Portland, OR 97242. Payment in full will be due 90 days before departure.

					_____ Male	_____ Female
First Name	Middle Initial	Last Name	Date of birth			
Address		City	State	Country	Zip/Postal Code	
Home Phone*		Work/Cell Phone*		Fax*	E-mail	
* International: List country/city codes with dashes in between: Country Code--City Code-Number						
Current Occupation			Company/Organization			

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**PERSONAL STATEMENT**

Describe your interest in participating in this Qigong China Trip. Please include your previous experience with Qigong, Taiji, and other self-cultivation practices as well as what you hope to gain through your participation in this program.

Signature

Date

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